



Caralee Community School

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HEALTHY FOOD & DRINK PLAN

Policy Statement

Food and drinks provided in Western Australian public schools are required to support the development of healthy eating in students.

Principles

1. The role of the school canteen/food service is to provide a food service to students and staff that is part of a whole school approach that supports healthy eating, is affordable and is financially sustainable. This is organised and managed by the partner mainstream school,
2. The Principal works closely with the P&C to ensure that any fund raising activities meet the policy statement. Parents are notified of food allergies and the school is a NUT FREE zone. Staff members monitor any food provided by parents to ensure safety for all children,
3. The school curriculum places an emphasis on healthy eating practices, and staff members demonstrate through cooking lessons how healthy foods can be introduced into the diet,
4. Teachers engage students in curriculum activities that promote the Australian Guide to Healthy Eating (AGTHE). Staff members involve students in preparing and tasting nutritious foods that are also appealing in taste and presentation. Students participate in daily Crunch & Sip across all year levels,
5. The traffic light system is used to support students' understanding of healthy eating. 'Red' foods are only included as part of the curriculum in line with the AGTHE, that is, on limited occasions and in small amounts,
6. The school manages anaphylaxis in line with Health Department Guidelines, and provides regular training in the use of an EpiPen to all staff,
7. Staff and students use hand sanitisers and correct hand washing in relation to food preparation and handling,
8. Healthy Eating Ideas are incorporated into the school newsletter.

For further information:

[Department of Education Healthy Food and Drink in Public Schools Policy & Procedures](#)