### RECESS
- **Apple**: $0.50
- **Popcorn (Salt/BBQ)**: $1.20
- **Home-made Muffin** (Banana & Choc Chip, Banana & Blueberry, Apple & Chia): $1.00

**Mon, Wed & Fri only**
- **Hashbrown**: $0.90

### LUNCH
#### Sandwiches, Rolls & Wraps (wholemeal)
- **Ham**: $2.40
- **Chicken**: $2.60
- **Egg**: $2.00
- **Cheese**: $2.00
- **Salad**: $2.50
- **Vegemite**: $1.10
- **Toasted**: $0.30

**Served with egg, mayonnaise and wholemeal bread**
- **Salad Plates**
  - **Salad**: $4.50
  - **Ham**: $4.80

#### Extra's
- **Salad** (tomato, carrot, cucumber & lettuce): $0.90
- **Cheese**: $0.40
- **Beetroot**: $0.40
- **Tomato Sauce**: $0.30
- **Mayonnaise**: $0.30
- **Slice of bread**: $0.30
- **Roll or Wrap**: $0.50

#### Drinks
- **Bottled Water (600ml)**: $2.00
- **Apple Juice (350ml)**: $2.00
- **Orange C (300ml)**: $2.00
- **Plain Milk (300ml)**: $1.50
- **Choc/Blue/Strawb Milk**: $2.00
- **X Juicy (Apple, Blackcurrant)**: $1.50
- **Apple/Blackcurrant**: $1.80

### DAILY SPECIALS
#### Monday
- **Pizza**: $2.50
- **Home-made Meatball Sub**: $4.00
- **Pasta Salad**: $3.00
- **" + X Juicy + Apple**: $5.40
- **Veggie Slice & Corn Cob**: $3.50

#### Tuesday
- **Puppy Dog**: $2.20
- **Nachos Mios**: $4.00
- **Super Dog**: $3.80
- **5 Nuggets & Salad**: $4.00
- **Chicken Chilli Tenders**: $4.00
- **" + X Juicy + Apple**: $5.40

#### Wednesday
- **Hot Ham, Cheese & Pineapple Roll**: $4.00
- **Veggie Slice & Corn Cob**: $3.50
- **Fish Finger Roll**: $4.00
- **Pasta Salad**: $3.00
- **" + X Juicy + Apple**: $5.40
- **Pizza**: $2.50

#### Thursday
- **Chicken, Cheese & Pineapple Roll**: $4.00
- **Nachos Mios**: $4.00
- **Chicken Chilli Tenders**: $4.00
- **5 Nuggets**: $3.00
- **" + X Juicy + Apple**: $5.40

#### Friday
- **Pizza**: $2.50
- **Home-made Hamburger**: $4.00
- **Beef Pie**: $3.00
- **" + X Juicy + Apple**: $5.40
- **Party Pie**: $1.30
- **Chicken Burger**: $4.00
- **Sausage Roll**: $2.50
- **" + X Juicy + Apple**: $5.40

**Lunch bags - bundle of 10 for $0.20c**

**Plastic spoons/forks - $0.05c each**
Volunteers Needed!

Do you have any spare time (even just an hour or two)?
Or do you know someone who does?
Tracey would love your help!
Please see Tracey - Canteen Manager

Canteen Summer Menu
2016 - Term 1

Our school canteen endeavours to promote healthy eating by using the traffic light system in our menu. We are always seeking volunteers to assist in achieving these goals. If you can help in any way, please contact Tracey in the canteen

Eat lots of green foods
and less of amber foods

Orders need to be in before 9.30am
Please write names and classroom numbers clearly and note if order is for recess or lunch